

## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee: WAKOTA LIFECARE CENTER**

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**Goal: Providing Client Advocacy and Ultrasound Services to Pregnant and Parenting Women**

**For the period: July, August, and September 2015**

<b>Activity or Service</b>	<b>Activity or Service Description</b> <small>Major Work Plan Activities</small>	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> <small>Report the progress and accomplishments made this period on each activity.</small>	<b>Report Count</b>
<b>Case Management Services</b>	Provide ongoing follow-up for clients tested 'positive' for pregnancy	60	Our advocates have made it a priority to pro-actively reach out to our clients to ensure that they receive the assistance (particularly material support below – maternity clothes, pack 'n play applications, infant materials) and medical referrals (pre-natal care) as the pregnancy continue.	123
<b>Crib Distribution/ Sleep Safety Education</b>	Provide safe sleep education to clients receiving pack-n-play from Cradle of Hope	10	We pride ourselves on making sure that every family that receives a Pack-n-Play receives safe sleep education and understands how to safely operate the Pack-n-Play that is provided. We also provide informational handouts on safe sleep for them to take home with them to reinforce the education they receive.	12
<b>Financial Assistance</b>	Assist completing financial aid and Pack and Play applications	25	We attribute much of this success to staying in touch with our clients throughout their pregnancy and proactively tracking their due date – enabling us to work with them in a timely manner to get the application filled out and submitted to Cradle of Hope.	30

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<b>Material Support</b>	Provide diapers, infant formula and infant clothing	50	We have received referrals from Dakota County Social Services to assist women with these items, including getting emergency access to formula (due to WIC office hours). We began distributing infant and children's coats starting in September in planning for the winter months. This will continue throughout Q4. We have increased the number of diapers distributed in each pack – due to our partnership with The Diaper Drive.	59
<b>Nutrition</b>	Provide prenatal vitamins to newly pregnant women	35	With every positive pregnancy test, the woman is provided pre-natal vitamins.	36
<b>Pregnancy Testing</b>	Provide pregnancy testing, assessment for program eligibility and counseling	90	Our pregnancy test numbers were up this quarter. We have a great number of walk-in appointments, which may be attributed to our visibility along the very busy Robert Street and along a bus route. We have begun promoting our services on social media in late September.	114
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	5	We continue to work with our local agencies in helping our clients secure necessary services. We are fortunate to have good and close-by community partnerships with places like Neighbors (food shelf), Dakota County (down the street) and health services partnerships.	4
<b>Ultrasound</b>	Provide early limited ultrasound to determine gestational age	30	We have two ultrasound nurses providing limited ultrasound services. We offer ultrasound services on both Tuesdays and Thursdays in order to offer flexibility in client scheduling.	28

<b>Maternal and Child Health Initiative Task Force Strategies</b>	
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	No. 0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	13
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	13

**Challenges:**

Comments: In Q4, we will be offering a more robust array of safe sleep training, shaken baby training, and child abuse prevention education to all of our clients. Presently, much of this education is happening during the Pack'n'Play process. Moving forward we will be focusing on all clients. After the recent state training on Safe Sleep and the ongoing recommendations for babies/older babies, we would like to educate as many families as possible.